

ERIKA EVA

ERIKA EVA



www.erikaeva.com



0503314045



erikaeva@erikaeva.com



[@erikaevacom](https://www.instagram.com/erikaevacom)



[@erikaevacom](https://www.facebook.com/erikaevacom)



[linkedin.com/in/erikaeva](https://www.linkedin.com/in/erikaeva)

HUMAN BREATHING AND CREATING



FUTURES ARTIST / FACILITATOR

I am the founder, facilitator and creator at **Ekata Theatre** where we guide organisations, communities and individuals to become agents of change. As a movement professional I have created playful and embodied practices to develop future skills.

I am the co-coordinator of **Inner Development Goals** Helsinki Theatre Hub and I use the IDG as my framework. I also collaborate with **Falay Transition Design** Collective in organisational transitions.

I have studied **System Sensing** and **Systemic Constallations** with Collective Transition which I use to host group processes for systemic problems in a new, embodied way.

My background in this field is both as a physical theatre professional (**MA Theatre Directing**) and as a qualified teacher (**MA in language education**). I have years of experience as an improviser as well.

RECENT CLIENTS & PROJECTS

2024 MLL - Connection workshop for youth workers
2024 NTT DATA - Embodied workshop for Japanese business leaders
2024 FINGO - Vallaton Festival - Dramaturge, Creator
2023-2024 SITRA - Co-creating Tools for Future Imagination
2024 JHL-Opisto - Facilitating Embodied Complexity workshop
2024 JHL-Opisto - Facilitating Embodied Relating workshop
2024 MLL - Facilitating Embodied Workshop for volunteers
2024 Riviera - Facilitating Playful recreational day for wellbeing
2024 Helsinki City Youth workshops - Facilitating youth workshop
2024 Mirsal ry - Teaching theatre for underrepresented young people
2023 Constructing Meaning open labs at Itäkeskus library